* Dear \_\_\_\_\_,

I’m sorry you broke your arm. Having a broken arm can really slow you down from what you normally do. It can be surprising to realize how much you depend on both arms. I hope you are no longer in any pain, but I can imagine you are experiencing a little discomfort from the immobility.

I would love to come over and help with something that you need help doing. And if you can’t think of anything I can help you do, at least let me know when I can come over and sign your cast.

Sincerely,
(Your Signature)